

# 31K

## FOOD MENU

we believe in build-your-own  
choose your MAIN with a SAUCE, CARB and GREEN  
add a side FROM THE GRILL, and as many extras as you want, to complete your meal

TUESDAY - FRIDAY

4 - 9

SATURDAY

1 - 9

SUNDAY

1 - 6

£12 MAINS (2-FOR-1 WEDNESDAYS)

£14 ROASTS

we've included notes for our vegan and gluten-free diners, but check with your server for any other allergies

## MAIN

## SAUCE

## CARB

## GREEN

■ **smoked mackerel fishcake** with cod, prawns, haddock and fresh chillies

■ **jamaican curry** mild coconut cream sauce with a gentle turmeric spice

■ **rice + peas** white rice and kidney beans slow-cooked in coconut milk

■ **bajan slaw** white cabbage and carrot in a citrus-ginger dressing

■ **sweetcorn + chilli fritters** lightly-fried until crisp and golden-brown

■ **caribbean salsa** finely-diced tomato, onion and peppers steeped in oil

■ **sweet potato wedges** dusted with cayenne pepper and oven-roasted

■ **fry bodi** caribbean green beans sauteéd with rainbow tomatoes

■ **jerk chicken** boneless thigh, marinated in paprika, cumin and allspice

■ **coriander + lime yoghurt** soy-based sauce with chopped green peppers

■ **trinidad roti** brushed with vegan butter and warmed in the oven

■ **tropical salad** mango, coconut and pineapple on lime-dressed green leaves

■ **jackfruit wings** tender, savoury tropical fruit on a sugarcane shoot

■ **bbq ketchup** classic summer sauce; equal parts sweet, sour and spicy

■ **mac + cheese** with a gruyere and mozzarella roux, and a brioche crumb

■ **rum-soaked plantain** coated in brown sugar and deep-fried until crispy

## FROM THE GRILL (£5 each)

■ **pork ribs** brushed with a sweet and sticky barbecue glaze

■ **rum-soaked pineapple rings** with golden appleton estate signature

■ **corn-on-the-cob** salted and coated in rich vegan butter, serves two

■ **king prawn skewers** in a garlic, sweet chilli and lime marinade

## EXTRAS

(£4 each)

■ **jamaican pattie** with mutton, saltfish or veg in golden pastry

■ **chips + dip**

■ **johnnycakes** dumplings served with a side of curry sauce

■ **mac + cheese**

■ **rice pudding** with coconut, mango or rum-soaked pineapple

■ **mojito for chef**